

THE BIRCH BISTRO

Week A Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWNS</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWNS</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWNS</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWNS</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWNS</p> <p>FRUIT POT</p>
GLOBAL FLAVOURS	 <p>Incredible INDIA</p> <p>TANDOORI CHICKEN CURRY</p> <p>Served with basmati rice</p>	 <p>Authentic Italian</p> <p>ITALIAN PENNE BOLOGNAISE</p> <p>Topped with grated cheese & served with garlic bread</p>	 <p>Mexicano</p> <p>CHICKEN FAJITAS</p> <p>Served with lightly spiced wedges & mixed vegetables</p>	 <p>China Town</p> <p>SALT & PEPPER CHICKEN</p> <p>Served with wedges & vegetables</p>	 <p>Traditional British</p> <p>FISH & CHIPS</p> <p>Served with gravy</p>
Vegetarian	<p>INDIAN VEGETABLE CURRY</p> <p>Served with mixed vegetables & basmati rice</p>	<p>TOMATO & BASIL PASTA BAKE</p> <p>Served with toasted garlic bread</p>	<p>SWEET & SOUR QUORN</p> <p>Served with basmati rice</p>	<p>SALT & PEPPER QUORN CHUNKS</p> <p>Served with wedges & vegetables</p>	<p>CHEESE & ONION PIE</p> <p>Served with mixed vegetables & gravy or beans</p>
PICNIC	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES With various fillings</p>
SPORTS CAFE	<p>GRAB & GO Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>
Desserts	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>



THE BIRCH BISTRO

Week B Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWN</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWN</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWN</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWN</p> <p>FRUIT POT</p>	<p>BUTTERED TOAST</p> <p>BUTTERED BAGEL</p> <p>CHEESY BAGEL</p> <p>BACON/SAUSAGE BAP</p> <p>PAN AU CHOCOLATE</p> <p>HASH BROWN</p> <p>FRUIT POT</p>
GLOBAL FLAVOURS	<p>Incredible INDIA</p> <p>CHICKEN TIKKA MASALA</p> <p>Served with basmati rice</p>	<p>Es Spania</p> <p>SPANISH MEATBALLS</p> <p>Served with penne pasta & topped with cheese</p>	<p>Authentic Italian</p> <p>CHICKEN PASTA BAKE</p> <p>Served with garlic bread</p>	<p>China Town</p> <p>SALT & PEPPER CHICKEN</p> <p>Served with egg fried rice</p>	<p>Traditional British</p> <p>FISH & CHIPS OR SAUSAGE & CHIPS</p> <p>Served with gravy</p>
Vegetarian	<p>INDIAN VEGETABLE CURRY</p> <p>Served with mixed vegetables in a lightly spiced curry sauce & basmati rice</p>	<p>SPANISH PASTA</p> <p>Tomato & smoked paprika pasta topped with grated cheese</p>	<p>MACARONI CHEESE</p> <p>Served with garlic bread</p>	<p>SALT & PEPPER QUORN CHUNKS</p> <p>Served with wedges & vegetables</p>	<p>MARGHERITA PIZZA</p> <p>Served with chips</p>
PICNIC	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES</p> <p>With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES</p> <p>With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES</p> <p>With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES</p> <p>With various fillings</p>	<p>SANDWICHES</p> <p>COLD WRAPS</p> <p>SALAD BOXES</p> <p>JACKET POTATOES</p> <p>With various fillings</p>
SPORTS CAFE	<p>GRAB & GO</p> <p>Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO</p> <p>Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO</p> <p>Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO</p> <p>Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>	<p>GRAB & GO</p> <p>Selection of hot & cold options</p> <p>BURGERS</p> <p>CHICKEN STRIPS</p> <p>SAUSAGE ROLLS</p> <p>PASTIES</p> <p>SALAD BOX</p>
Desserts	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>	<p>Wide selection of sweet treats including:</p> <p>COOKIES</p> <p>MUFFINS</p> <p>DOUGHNUTS</p>

